

Aikido Seminar with Michael Holm



in Madrid, May 23-24



Michael Holm was born in Belgium and began to practice Martial Arts at the age of 14 years.

He is one of the main exponents of Aikido in Denmark and teaches courses in this discipline throughout Europe and South America.

He works as a "Union secretary" in a union for it people, with responsibility for the public sector, being also teacher of F.M. Alexander Technique and publisher of eBooks.

www.aikidomadrid.com

Schedule:

Saturday 23 May:

11:40-13:00 h
13:00-13:10 free
13:10-14:30 h

17:40-19:00 h
19.00-19.10 free
19:10 – 20:30 h

Sunday 24 May:

11.00-12.20 h
12.20-12.30 free
12:30-14:00 h

Price: All seminar: 80€ / One session: 40€

Place:

Gimnasio Bushidokwai.- Macario García

Street Donoso Cortés 53

Subway: Islas Filipinas and Moncloa

More info:info@aikidomadrid.com