

Aikido Seminar with Michael Holm



in Madrid, march 9th-10th,



Michael Holm was born in Belgium and began to practice Martial Arts at the age of 14 years.

He is one of the main exponents of Aikido in Denmark and teaches courses in this discipline throughout Europe and South America.

He works in the University of Copenhagen, being also teacher of F.M. Alexander Technique and publisher of eBooks.

Schedule:

Saturday 9th:

11:40-13:00 h
13:00-13:10 free
13:10-14:30 h

17:40-19:00 h
19:00-19:10 free
19:10 – 20:30 h

Sunday 10th:

11:00-12:20 h
12:20-12:30 free
12:30-14:00 h

Price:All seminar: 80€ / One session: 40€

Place:

GimnasioBushidokwai.- MacarioGarcía

Street Donoso Cortés 53

SubwayIslas FilipinasandMoncloa

More info:info@aikidomadrid.com

www.aikidomadrid.com