

AOX *Aikido* Open Exploration Space



Info | Subscription

Ki & Aikido Dojo Kassel e.V.
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Aikido Dojo infinity moves
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Moderation

Heike Howein ~ Dojo am Fluss e.V. - Nürnberg
Iris Scanlon ~ Infinity Moves - Mühlheim
Markus Schein ~ Ki & Aikido Dojo Kassel e.V.

Topics

All about tanto ~ hitori, kumi, flows + some street flavors

Workshop Goals

We will search and create new relations,
logics, forms, flows and excercises
around the wooden knife – tanto.

Schedule

Friday | 23rd of February 2024 | 8:00pm – 9:30pm
Saturday | 24th of February 2024 | 10:30am – 06:00pm | break included
Sunday | 25th of August 2024 | 10:00am – 02:00pm

Location

Ki & Aikido Dojo Kassel e.V. | Heckerstraße 30c | 34121 Kassel

Participation

Participation is for free and on your own risk.
You should bring a sound aikido experience,
equivalent to about 2nd Kyu at least.
Guests may sleep in the dojo.
Modest donations for our dojo are welcome.



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