



Info | Subscription

Dojo am Fluss e.V. | Nürnberg

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Teaching

Heike Howein ~ Dojo am Fluss e.V. - Nürnberg Markus Schein ~ Ki & Aikido Dojo Kassel e.V.

Workshop Topics

The Seminar will focus on Aikido as an art of communication for harmony including some spices of AOX, which means free, common exploration of new aikido movements, for the slightly more advanced.

Schedule

Friday | 13th of October 2023 | 08:00pm - 09:30pm | For everybody **Saturday** | 14th of October 2023 | 10:15am - 11:45am | For everybody

12:00am - 01:30pm | AOX - 2nd Kyu at least

 $03:15pm - 04:15pm \mid AOX - 2nd Kyu at least$

04:30pm - 06:00pm | For everybody

06:00pm | Examinations + Barbecue

Sunday | 15th of October 2023 | 10:15am - 11:45am | For everybody

12:00am - 01:30pm | For everybody

Location

Ki & Aikido Dojo Kassel e.V. | Heckerstraße 30c | 34121 Kassel

Participation & Fees

Participation is on your own risk
Please contact Heike or Markus for Suscription

70€ Seminar including AOX

50€ Seminar without AOX

12€ One Unit

Guests may stay in the Dojo

