

合氣道



## Aikido Seminar Inverness, Scotland

with  
**Michael Holm**

### Dates and Times

Friday	8th September 2023	-	19.00 to 21.00	General Class
Saturday	9th September 2023	-	10.00 to 12.00	General Class
			<i>Lunch break</i>	
			13.00 to 15.00	General Class
			<i>Break</i>	
			15.30 to 17.00	General Class
Sunday	10th September 2023	-	All times as Saturday	

### Prices

Friday Only	£10.00 (12 euros)
Saturday or Sunday only	£25.00 ( 30 euros)
Full Seminar	£55.00 ( 65 euros)

**The seminar will be held in the Dojo in Alness.**

You can stay overnight at no charge in the dojo which has toilets, showers, male and female changing rooms and a kitchen.

Directions to the Dojo can be found on our website

[www.highlandkisociety.co.uk](http://www.highlandkisociety.co.uk)

**For further information please contact Angus Lyall  
[gus.lyall@gmail.com](mailto:gus.lyall@gmail.com)**