



# **Aikido seminar in memory of Rafał Opioła Warsaw 27-28.05.2023**

**Instructor: Sigrid Buck 5. dan**

## **Friday**

**regular Warsaw dojo training with instructor Darek Skowronski  
20:00-21:30**

## **Saturday**

**training with instructor Darek Skowronski  
12:00-14:00**

**seminar with instructor Sigrid Buck  
18:00-19:30**

## **Sunday**

**seminar with instructor Sigrid Buck  
11:00-13:00  
15:00-17:00**

## **Place**

**Kozminski University,  
Jagiellońska 59 street, Warsaw, Poland**

## **Price**

**whole seminar: 25 euro  
each training 10 euro**

**Need more information?**

**Please contact: [jtkaczyk@rynkologia.pl](mailto:jtkaczyk@rynkologia.pl)**