



## **Aikido Seminar**

**Inverness, Scotland**

with  
**Carsten Moller**

### **Dates and Times**

|          |                            |                    |               |
|----------|----------------------------|--------------------|---------------|
| Friday   | 5 <sup>th</sup> May 2023 - | 19.00 to 21.00     | General Class |
| Saturday | 6 <sup>h</sup> May 2023 -  | 10.00 to 12.00     | General Class |
|          |                            | <i>Lunch break</i> |               |
|          |                            | 13.00 to 15.00     | General Class |
|          |                            | <i>Break</i>       |               |
|          |                            | 15.30 to 17.00     | General Class |
| Sunday   | 7 <sup>th</sup> May 2023 - | 10.00 to 12.00     | General Class |
|          |                            | <i>Lunch break</i> |               |
|          |                            | 13.00 to 14.30     | General Class |

### **Prices**

|                         |                    |
|-------------------------|--------------------|
| Friday Only             | £10.00 (12 euros)  |
| Saturday or Sunday only | £25.00 ( 30 euros) |
| Full Seminar            | £55.00 ( 65 euros) |

### **The seminar will be held in the Dojo in Alness.**

You can stay overnight at no charge in the dojo which has toilets, showers, male and female changing rooms and a kitchen.

Directions to the Dojo can be found on our website

[www.highlandkisociety.co.uk](http://www.highlandkisociety.co.uk)

**For further information please contact Angus Lyall**  
[gus.lyall@gmail.com](mailto:gus.lyall@gmail.com)